

Flex Therapist CEUs

Multiple Sclerosis and Pain Conditions

Pain in Multiple Sclerosis: Prevalence and Characteristics of Various Pain Conditions

1. All of the above are much higher in MS patients than sex- and age-stratified groups from the general population, except for:

- A. Pain
 - B. Pain intensity
 - C. The need for analgetic treatment
 - D. Pain interference with activities of daily living
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2. Which treatment has probably not fundamentally influenced the overall prevalence of pain in MS?

- A. Interferon-beta
 - B. Glatiramer acetat
 - C. Antidepressants
 - D. All of the above
-

3. This study found that pain in MS:

- A. Correlates with the age of the patient.
 - B. Is significantly more frequent in relapsing-remitting MS.
 - C. Is significantly higher in males than females.
 - D. All of the above are true with regard to pain in patients with MS.
-

4. The results of this study show that the total number of pain locations in MS patients significantly increases with disease duration.

- A. True
 - B. False
-

5. According to the literature, _____ is/are the most common location of unpleasant pain sensations in patients with MS.

- A. The lower extremities

- B. The upper extremities
 - C. The trunk
 - D. Half of the body
-

6. The most common pain quality in this study was found to be a burning sensation.

- A. True
 - B. False
-

7. In most MS patients, back pain and lumbar sciatic syndrome are directly related to the process of the disease.

- A. True
 - B. False
-

Central Pain in Patients with Multiple sclerosis

8. Central pain:

- A. Is dependent on the etiology and always follows other symptoms of MS.
 - B. Never occurs alone in MS.
 - C. Frequently develops at an interval of weeks or months after the occurrence of the lesion.
 - D. All of the above are true with regard to central pain in MS.
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9. According to this study, the prevalence of central pain increases with:

- A. Patient age
 - B. Disease duration
 - C. Expanded Disability Status Scale score
 - D. None of the above
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10. The age of onset of multiple sclerosis-associated trigeminal neuralgia in patients has been noted to be about _____ years younger than in patients without multiple sclerosis.

- A. 12
 - B. 10
 - C. 8
 - D. 6
-

11. Which of the following is the most common form of Lhermitte's sign?

- A. An electric feeling passing down the back of the legs on flexing the neck.**
 - B. An electric feeling passing down the arms on flexing the neck.**
 - C. An electric feeling passing down the trunk on flexing the neck.**
 - D. An electric feeling simultaneously passing down the back of the legs, the arms, and the trunk on flexing the neck.**
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12. The most important finding was that among the patients in this study with central pain, 89% were presented with three and more painful sites at the same time.

- A. True**
 - B. False**
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