Flex Therapist CEUs

Complex Geriatric Patient

1. What is the term for the accumulation of knowledge, facts, and skills that are acquired throughout life?

A. Accumulated knowledge
B. Crystallized Intelligence
C. Compound Acquired Intelligence
D. Acquired knowledge

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2. What is the term for a reduction in physical reserve amongst older adults, distinguished by increased vulnerability and decreased function?

A. Weakness
B. Decline
C. Frailty
D. Aging

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3. What is the most commonly used non prescribed drug among older adults?

A. Alcohol
B. Cocaine
C. Marijuana
D. Opiates

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4. What are two drugs that majorly contribute to side effects in the elderly?

A. Aspirin and Tylenol
B. Benzodiazepines and Opiates
C. Alcohol and Opiates
D. NSAIDs and stimulants

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5. Polypharmacy is the simulataneous use of multiple drugs by one patient for one or more conditions.

A. True
B. False

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6. What is one type of emerging technology that can be beneficial in reaching isolated patients?

A. Electronic Health Records (EHR)
B. Coordinate Care Tech
C. WebMD
D. Telehealth

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7. COPD affects over 45% of patients over 65 years of age.

A. True
B. False

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8. What does SMART stand for?

A. Specific, Maintainable, Attainable, Reasonable, Timely.
B. Scientific, Measurable, Attainable, Review, Time-bound.
C. Specific, Measurable, Attainable, Relevant, Time-bound.
D. Scientific, Marketable, Attribute, Reasonable, Timely.

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9. What is a common format used for daily progress notes in Physical Therapy?

A. SLAP
B. MOAT
C. FORM
D. SOAP

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10. When considering goals for the patient, it is not important to discuss the patient's personal goals.

A. True
B. False

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