

Flex Therapist CEUs

Cultural Competency

1. Billy is a patient who has lost his job, has a high school education, speaks English, and is White. Which of the following is a social determinants of health that may impact his physical therapy care?

- A. Socioeconomic Status
 - B. White Race
 - C. High School Education
 - D. None of These
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2. Failure to provide reasonable accommodations in hiring a healthcare provider with blindness is breaking which law?

- A. Reasonable Accommodations Law
 - B. Americans with Disabilities Act
 - C. Disability Association Act
 - D. Preferable Accommodations Act
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3. Reporting an incident of racial bias in a colleague against a patient is an example of what concept?

- A. Patient Advocacy
 - B. Racial Bias Reporting
 - C. Provider Responsibility
 - D. Compassion
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4. Scoring high on the implicit association test should propagate which action by a healthcare provider?

- A. Nothing, this Provider has Little Bias
 - B. Seeking Resources on Cultural Competence for Providers
 - C. Complete Further Testing on Self Awareness Surrounding Cultural Competence
 - D. 2 and 3
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5. How should a PT proceed if all certified interpreters are unavailable for a patient's treatment session when the therapist speaks some of that language?

- A. See the Patient
- B. Use Google Translate Services for the Entire Session

- C. Reschedule when a Certified Interpreter is Available**
 - D. Utilize Family to Interpret**
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6. Which is not an example of a historically marginalized group in the United States?

- A. White Male**
 - B. White Female**
 - C. Black Male**
 - D. Black Female**
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7. Which qualities is a PTA demonstrating when she stays past her shift to provide community resources to a patient who immigrated from Colombia without a home?

- A. Altruism**
 - B. Compassion**
 - C. Cultural Competence**
 - D. All of These**
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8. Patricia speaks to her patient prioritizing the patient's social, economic, and lifestyle factors into the plan of care. This is an example of what type of patient interaction?

- A. Therapist Minded Care**
 - B. Mutual Care Plan**
 - C. Patient-Centered Care**
 - D. All of These**
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9. A female patient wearing a hijab is uncomfortable removing clothing for a physical therapist assessment. How should the PT proceed?

- A. State it is Necessary for an Accurate Evaluation**
 - B. Proceed with Asking Permission to Palpate through Clothing**
 - C. Stop the Evaluation**
 - D. None of These**
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10. Among the options listed, which one would have the smallest impact on cultural decisions?

- A. Beliefs**
 - B. Race**
 - C. Diet**
 - D. Religion**
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