

Flex Therapist CEUs

Disc Herniation Mobilization Comparisons

1. The size of the disc herniation has been found to be related to the severity of the patient's pain.

- A. True
 - B. False
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2. The findings of this study clearly demonstrate that both the techniques along with conventional physiotherapy have a great impact on:

- A. Pain
 - B. Functional disability
 - C. Nerve function
 - D. All of the above
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3. The results of this study support the fact that neural tissue mobilization does have a greater role in the management of lumbar radiculopathy compared to the traditional segmental joint mobilization techniques.

- A. True
 - B. False
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4. Mulligan's joint mobilization:

- A. Restores the positional fault producing immediate hypoalgesic.
 - B. Affects the neural component.
 - C. Both (A) and (B).
 - D. None of the above.
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5. With regards to compression related radiculopathy, an important factor while choosing the technique is to consider the duration of the compression, as sustained mechanical compression for a longer duration may cause:

- A. Injury to neurons of the dorsal root ganglion.
 - B. Damage to nerve axons leading to irreversible structural changes.
 - C. Both (A) and (B).
 - D. None of the above.
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