

Flex Therapist CEUs

Ethics and Jurisprudence for Pennsylvania Physical Therapy

1. What should a physical therapist assistant do if he observes a physical therapist leaving early when a patient is five minutes late to her appointment?

- A. Report to the State Board
- B. Address the Concern with the Physical Therapist
- C. Go Directly to the Clinic Supervisor
- D. See the PT's patient for them

2. What must a telehealth platform have to support ethical patient care?

- A. HIPAA Compliance
- B. Integrated Patient Messaging
- C. Exercise Programs
- D. Personal Phone Number of the Therapist

3. A physical therapists may see a patient without a referral under which condition in PA?

- A. Five Years of Clinical Experience
- B. A Score of the 90th Percentile on the NPTE
- C. Continuing Education on Direct Access
- D. Certificate of Authorization

4. What is the date of licensure expiration of Pennsylvania PTs and PTAs?

- A. Licensee Birthday
- B. January 1st
- C. December 31st
- D. December 1st

5. Physical therapists and assistants must have all the following except which regarding their initial application for licensure?

- A. Professional Liability Insurance
- B. 30 Hours of Continuing Education
- C. NPTE Passing Score
- D. Disclose all Other State Licenses

6. What type of telehealth service should a physical therapist use to interact one-on-one with a patient through a live video?

- A. Synchronous
- B. Asynchronous Store and Forward
- C. Direct
- D. Remote Therapeutic Monitoring

7. Which of the following is NOT a requirement for PTs and PTAs in the state of Pennsylvania?

- A. Two Hours on Ethics and Laws
- B. Two Hours on Child Abuse Identification and Reporting
- C. Two Hours on Modalities
- D. 30 Total Hours

8. What could a physical therapist use to monitor a patient's subjective responses to exercise from a different location?

- A. Remote Patient Monitoring
- B. Remote Therapeutic Monitoring
- C. Synchronous Delivery
- D. Asynchronous Store and Forward

9. What ethical concept is being challenged when a therapist accepts a gift worth \$100 from a patient?

- A. Compassion
- B. Conflict of Interest
- C. Respect
- D. Altruism

10. What is the main purpose of the Pennsylvania State Board of Physical Therapy?

- A. Protect the Public
- B. Revoke Licenses
- C. Approve Continuing Education
- D. Address PT Compact Status

11. What should a physical therapist do if they notice their colleague harassing and belittling a client?

- A. Report to Supervisor and State Board
- B. Do Nothing
- C. Offer to Treat this Client

D. Call the Police

12. What must a foreign-trained applicant do to practice physical therapy in Pennsylvania?

- A. Their License Transfers Without Additional Action
- B. Submit Their Country's Examination Scores to PA State Board
- C. Take the NPTE and Send Required Documents to the PA State Board
- D. They Cannot Practice

13. How should a PTA address being persuaded to see five patients at a time with group therapy when they would benefit more from individual sessions?

- A. Explain the Clinical Benefit to the Director of Rehabilitation
- B. Say Nothing
- C. Treat the Patients Individually
- D. Quit their Job

14. A PT student has been told by her Clinical Instructor to treat patients without him as he attends an appointment. What should the student do?

- A. Treat Patients
- B. Obtain Supervision by the PTA On Site
- C. Take the Day Off
- D. Ask the Therapist to be Supervised by another PT

15. A popular personal trainer made an Instagram post about how to improve low back pain from lifting heavy objects, with use of the term physical therapy. What should a physical therapist do who observes this post?

- A. Address it with the Content Creator and Report to the Pennsylvania State Board
- B. Make Negative Comments on the Post
- C. Do Nothing
- D. Post Content Warning the Public about Misleading Content

16. A physical therapist refuses to take continuing education courses on shoulder rehabilitation because they do not like treating shoulders despite a high caseload of patients with shoulder pain. What ethical dilemma does this compromise?

- A. Conflict of Interest
- B. Professional Duty
- C. Compassion
- D. Respect

17. A patient admits to a physical therapist they cannot afford therapy anymore but are in great clinical need. Which of the following is the worst option to manage this situation?

- A. Refer to Pro Bono Services
- B. Offer Discounted Services if Possible
- C. Persuade the Patient to Keep Having Therapy Anyway
- D. Give the Patient an Exercise Program that Visit

18. Which scenario requires a therapist to immediately call law enforcement as a mandatory reporter?

- A. A Child with Bruises on His/Her Arms
- B. A Client who Appears Intoxicated
- C. A Woman in Her 20s Reporting Domestic Abuse
- D. A Disrespectful Patient

19. What is the main problem with burnout among healthcare workers?

- A. Poor Work Life Balance
- B. Losing a Job
- C. Poor Work Culture
- D. Poor Patient Care

20. A patient comes in direct access to a physical therapist in Pennsylvania complaining of chest pain that does not stop with rest. What should this PT do?

- A. Refuse to See the Patient
- B. Refer Out for Immediate Cardiac Examination
- C. Treat the Patient
- D. Instruct the Patient to Eat Less Sodium

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