

Flex Therapist CEUs

Ethics and Jurisprudence for the Illinois Physical Therapist

Ethical Dilemmas

1. An ethical dilemma may emerge from something as innocent as conflicting state and county guidelines or unknowingly using outdated standards or therapeutic equipment.

- A. True
 - B. False
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Ethical Approaches

2. Which of the following ethical approaches promotes the maximum amount of pleasure and happiness with the minimum amount of pain and suffering?

- A. Utilitarianism
 - B. Personalized
 - C. Deontologic
 - D. Natural law theory
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State Regulatory Boards

3. Physical therapists do all of the following, except:

- A. Diagnose impairments, functional limitations, and disabilities related to medical conditions, movement dysfunction, and other health-related disorders.
 - B. Provide medical diagnoses.
 - C. Identify when a patient's signs and symptoms potentially lie outside the scope of physical therapist diagnosis.
 - D. Identify when a patient requires a referral to a physician for further diagnostic work-up and identification or underlying pathology.
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Illinois Regulations

4. When an applicant for licensure by endorsement as a physical therapist or physical therapist assistant is notified in writing by the Division that the application is complete, the applicant may practice in Illinois for one year or until licensure has been granted or denied, whichever period of time is greater, as set forth in Section 2(4) of the Act.

- A. True
 - B. False
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5. Practicing or offering to practice on a license that has expired shall be considered unlicensed activity and shall be grounds for discipline as set forth in Section 31 of the Act.

- A. True
 - B. False
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6. All CE activities shall be relevant to the advancement, extension, and enhancement of providing patient / client management, including but not limited to physical therapy examination, evaluation, intervention, and prevention and providing physical therapy services or fulfilling the other professional roles of a physical therapist or physical therapist assistant. Which of the following courses are acceptable for the purpose of this definition?

- A. Personal estate planning
 - B. Personal financial planning
 - C. Personal health
 - D. None of the above
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7. A maximum of _____ hours in cardiopulmonary resuscitation certified by the American Red Cross, American Heart Association, or other qualified organizations may be accepted.

- A. 2
 - B. 3
 - C. 4
 - D. 5
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8. The Division may require additional evidence demonstrating compliance with the CE requirements. It is the responsibility of each renewal applicant to retain or otherwise produce evidence of compliance for a minimum of 8 years.

- A. True
 - B. False
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9. Pursuant to Section 17(1)(H) of the Act, unprofessional conduct in the practice of physical therapy should include:

- A. The promotion of the sale of services, goods, appliances, or drugs in such manner as to exploit the patient or client for the financial gain of the practitioner or of a third party.
 - B. Directly or indirectly offering, giving, soliciting, or receiving, or agreeing to receive any fee or other consideration to or from a third party for the referral of a patient or client.
 - C. Failing to exercise appropriate supervision over persons who are authorized to practice only under the supervision of a licensed physical therapist.
 - D. All of the above are considered unprofessional conduct in the practice of physical therapy.
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APTA Code of Ethics

10. The purpose of the Code of Ethics is to:

- A. Define the ethical principles that form the foundation of physical therapist practice in patient / client management, consultation, education, research, and administration.
 - B. Provide guidance for physical therapists facing ethical challenges, regardless of their professional roles and responsibilities.
 - C. Establish the standards by which the American Physical Therapy Association can determine if a physical therapist has engaged in unethical conduct.
 - D. All of the above.
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11. Physical therapists shall provide the information necessary to allow patients or their surrogates to make informed decisions about physical therapy care or participation in clinical research.

- A. True
 - B. False
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12. Physical therapists shall collaborate with patients / clients to empower them in decisions about their health care.

- A. True
 - B. False
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13. Physical therapists who have knowledge that a colleague is unable to perform their professional responsibilities with reasonable skill and safety shall not interfere, as doing so will lead to a hostile work environment and make it more difficult for the patients / clients.

- A. True
 - B. False
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14. Physical therapists shall not accept gifts or other considerations that:

- A. Influence or give an appearance of influencing their professional judgement.
- B. Are over a \$25 value.

- C. Both (A) and (B).
 - D. None of the above.
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15. Physical therapists can recommend products or services that they have a financial interest in without disclosing that interest to their patients / clients.

- A. True
 - B. False
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16. Physical therapists shall advocate to:

- A. Reduce health disparities and health care inequities.
 - B. Improve access to health care services.
 - C. Address the health, wellness, and preventive health care needs of people.
 - D. Physical therapists shall advocate for all of the above.
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APTA Guide for Professional Conduct

17. Physical therapists shall do each of the following, except:

- A. Shall act in a respectful manner toward each person regardless of age, gender, race, nationality, religion, ethnicity, social or economic status, sexual orientation, health condition, or disability.
 - B. Shall not engage in any sexual relationship with any of their patients / clients, supervisees, or students, unless it is consensual by all parties involved.
 - C. Shall encourage colleagues with physical, psychological, or substance-related impairments that may adversely impact their professional responsibilities to seek assistance or counsel.
 - D. Shall provide pro bono physical therapy services or support organizations that meet the health needs of people who are economically disadvantaged, uninsured, and underinsured.
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18. With regard to the patient / client management role, once a physical therapist accepts an individual for physical therapy services he/she shall be responsible for:

- A. The examination, evaluation, and diagnosis of that individual.
 - B. The prognosis and intervention.
 - C. The maintenance of adequate records, including progress reports.
 - D. The physical therapist is responsible for all of the above.
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