Flex Therapist CEUs

Ethics in Massage Therapy: Renewing Professional Integrity

1. What is the primary purpose of professional ethics in massage therapy?

A. To increase client base
B. To ensure the safety and well-being of clients while maintaining the integrity and trustworthiness of the profession
C. To maximize profits
D. To promote personal relationships between therapist and client

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2. Why is informed consent crucial in massage therapy, and what are its key components?

A. It allows Massage Therapists to charge more
B. It ensures clients are fully aware of and agree to the procedures and treatments provided; its key components are disclosure, comprehension, and voluntariness
C. It enables the therapist to work without legal consequences
D. It promotes social interaction between therapist and client

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3. What strategies can Massage Therapists use to maintain professional boundaries?

A. Sharing personal stories with clients
B. Establishing clear communication, maintaining professionalism, seeking supervision, and engaging in regular self-care
C. Extending session times without additional cost
D. Accepting gifts from clients

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4. Describe the Four-Component Model used for resolving ethical dilemmas.

A. Moral Sensitivity, Moral Judgment, Moral Motivation, Moral Character
B. Financial Sensitivity, Financial Judgment, Financial Motivation, Financial Character
C. Emotional Sensitivity, Emotional Judgment, Emotional Motivation, Emotional Character
D. Social Sensitivity, Social Judgment, Social Motivation, Social Character

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5. How does cultural competence enhance ethical practice in massage therapy?

A. By promoting respect and dignity, ensuring culturally sensitive treatment plans, preventing discrimination, and enhancing the therapeutic relationship
B. By focusing solely on the technical skills of the therapist
C. By ignoring cultural differences and treating everyone the same

D. By adhering strictly to Western medical practices

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6. What are the key considerations for the ethical use of technology and social media in massage therapy?

A. Sharing client information publicly
B. Ensuring confidentiality, maintaining professionalism, and setting clear boundaries in online interactions
C. Using social media for personal use only
D. Ignoring client privacy

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7. What role do professional organizations like NCBTMB and AMTA play in supporting ethical practice?

A. They increase competition among Massage Therapists
B. They provide resources and educational materials, offer guidelines and standards, facilitate networking, and advocate for the profession
C. They promote unethical practices
D. They discourage continuing education

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8. Why is ongoing education important for massage Massage Therapists?

A. It is mandatory by law
B. It helps Massage Therapists stay current with techniques, enhance their knowledge of ethical guidelines, and improve decision-making skills
C. It increases the cost of therapy
D. It is not necessary for experienced Massage Therapists

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9. What are some effective strategies for engaging in Continuing education unit(CEU)?

A. Attending workshops and seminars, taking online courses, engaging in peer learning, and practicing reflective practice
B. Ignoring new developments in the field
C. Limiting education to only required courses
D. Focusing solely on client feedback

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10. In the context of the Four-Component Model, explain the significance of moral character.

A. It involves making decisions based on financial gain
B. It requires courage and determination to implement the ethical decision, reflecting the therapist's integrity and commitment to ethical standards
C. It is about being popular among clients
D. It focuses on maintaining personal relationships over professional ethics

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