Flex Therapist CEUs

Human Trafficking

1. A fellow health care professional has questions regarding human trafficking. Which of the following informational points of interest should be communicated to the health care professional?

A. Human trafficking is the exploitation of a person or persons for sex or labor using force, fraud, or coercion.
B. Human trafficking is the use of a person or persons for consensual sex or labor.
C. Human trafficking refers to the crossing of state boarders with a person or persons under the age of 18.
D. Human trafficking refers to the crossing of international boards with a person or persons using deceptive methods of transport.

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2. A fellow health care professional has questions regarding sex trafficking. Which of the following informational points of interest should be communicated to the health care professional?

A. Sex trafficking does not typically involve the transportation of individuals for commercial sex.
B. Sex trafficking does not typically involve forced commercial sex.
C. Sex trafficking does not apply to individuals under the age of 18.
D. Minors are, typically, easier to exploit and manipulate, and, thus, vulnerable to sex trafficking.

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3. According to the course, which of the following statements is most accurate?

A. Labor trafficking involves the transportation of individuals under the age of 18 for the purposes of employment.
B. Labor trafficking exclusively refers to the transportation of individuals over the age of 18 for the purposes of employment.
C. Labor trafficking involves the subjection of an individual to involuntary servitude, peonage, debt bondage, or slavery.
D. Labor trafficking involves the subjection of an individual to voluntary servitude, peonage, debt bondage, or slavery.

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4. A 20-year-old victim of human trafficking has questions regarding protection. Which of the following educational points should be expressed to the patient?

A. Regardless of immigration status, foreign persons who are trafficked are eligible for federally funded benefits such as health care and immigration assistance.
B. Only foreign persons, under the age of 18, who are trafficked are eligible for federally funded benefits such as health care and immigration assistance.
C. Regardless of immigration status, foreign persons who are trafficked are not eligible for federally funded benefits such as health care and immigration assistance.

D. Regardless of immigration status, foreign persons, over the age of 18, who are trafficked are not eligible for federally funded benefits such as health care and immigration assistance.

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5. According to the course, which of the following best represents a general indicator, or red flag, of human trafficking?

A. A patient provides a consistent history.
B. A patient makes consistent eye contact.
C. The patient is talkative.
D. The patient is resistant to answer questions about an injury or incident.

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6. A 21-year-old female patient presents to a health care facility. A health care professional believes the patient is a victim of human trafficking. How should the health care professional proceed with the aforementioned patient's exam?

A. The health care professional should conduct the patient exam in a public area.
B. The health care professional should allow anyone accompanying the patient into the examination room.
C. The health care professional should write while the victim is speaking.
D. The health care professional should ensure the victim is completely undressed and in a gown.

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7. A fellow health care professional has questions regarding an examination for a potential victim of human trafficking. Which of the following informational points of interest should be communicated to the health care professional?

A. Health care professionals should not examine a potential victim for signs of tuberculosis.
B. Health care professionals should avoid looking for tattoos.
C. Health care professionals should only examine individuals over the age of 18, who wear eyeglasses for visual defects.
D. Health care professionals should look for signs of hypothermia or hyperthermia.

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8. According to the course, which of the following best represents a sign of physical torture?

A. Nocturnal enuresis
B. Constipation
C. Anxiety
D. Road rash

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9. According to the course, which of the following best represents a mental health indicator of trafficking?

A. Constipation
B. Belt marks
C. Abrasions

D. Anxiety

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10. A fellow health care professional has questions regarding the documentation of potential human trafficking. Which of the following informational points of interest should be communicated to the health care professional?

A. Avoid photos.
B. Avoid photos of male victims.
C. Avoid photos of female victims.
D. Photo documentation may prove vital to the process of determining the possibility of human trafficking.

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11. Once a health care professional identifies a potentially trafficked person, it is imperative for the health care professional to establish which of the following?

A. A public area to talk to the patient.
B. A public area to administer medications.
C. A private, quiet, safe place to assess the patient further.
D. A private place to discharge the patient.

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12. Which of the following best represents an appropriate message from a health care professional to a potential victim of human trafficking?

A. We can provide you with the medical care you need, but we cannot find you a place to stay.
B. You are on your own. We cannot get you help to protect your family and your children.
C. We must make all decisions for you.
D. We are here to help you, and our priority is your safety.

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13. Which of the following statements is most accurate?

A. When communicating with potential victims of human trafficking, providers are required to determine if a crime has taken place.
B. When communicating with potential victims of human trafficking, providers are required to determine if a prosecutable offense has taken place.
C. When communicating with potential victims of human trafficking, over the age of 18, providers are required to determine if a prosecutable offense has taken place.
D. When communicating with potential victims of human trafficking, providers are not required to determine if a crime or a prosecutable offense has taken place.

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14. A 24-year-old potential victim of human trafficking has questions regarding the NHTRC hotline. Which of the following educational points should be expressed to the patient?

A. Victims of human trafficking should never call the NHTRC hotline.
B. The NHTRC hotline is confidential to the extent of the law.
C. A caller must disclose all personal information to the hotline.

D. The NHTRC hotline number is only available on the weekends.

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15. Which of the following statements is most accurate?

A. A health care professional must obtain permission from an adult victim of human trafficking to release any PHI or personally identifiable health information to the NHTRC.
B. A health care professional must obtain permission from an adult victim of human trafficking to release any PHI, but a health care professional may release any personally identifiable health information to the NHTRC at will.
C. A health care professional must obtain permission from an adult victim of human trafficking to release any personally identifiable health information, but a health care professional may release PHI to the NHTRC at will.
D. A health care professional does not have to obtain permission from an adult victim of human trafficking to release any PHI or personally identifiable health information to the NHTRC.

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16. A 25-year-old female patient presents to a health care facility. The patient reports she is a victim of human trafficking. The patient reports that she was recently cut off from other individuals, confined, and denied health care until she arrived at the health care facility. Which of the following types of abuse best matches the patient's aforementioned reports?

A. Intimidation
B. Emotional abuse
C. Isolation
D. Blaming

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17. A 20-year-old male patient presents to a health care facility. The patient reports he is a victim of human trafficking. The patient reports that he was recently controlled by debt. Which of the following types of abuse best matches the patient's aforementioned reports?

A. Residency privilege
B. Economic abuse
C. Minimizing
D. Coercion

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18. According to the course, the term 'Daddy' may refer to which of the following?

A. A trafficker or pimp that resorts to violence to control a victim.
B. A trafficker that uses a false romance to lure victims.
C. The word victims are required to call their pimp/trafficker.
D. A victim who is chosen by the pimp or trafficker to "handle" the other victims.

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19. According to the course, the term "Gorilla Pimp" may refer to which of the following?

A. A trafficker or pimp that resorts to violence to control a victim.
B. A trafficker that uses a false romance to lure victims.

C. The word victims are required to call their pimp/trafficker.
D. A victim who is chosen by the pimp or trafficker to "handle" the other victims.

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20. According to the course, which of the following statements is most accurate?

A. Human trafficking care must involve a trauma-informed approach.
B. Human trafficking care must not involve a trauma-informed approach.
C. Trauma-informed care typically only involves the use of physicians.
D. Trauma-informed care typically only involves the use of physicians or physical therapists.

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