

Flex Therapist CEUs

Implicit Bias in Physical Therapy

1. What crucial step should an organization take to combat implicit bias?

- A. Provider Discipline
 - B. Retrospective Implicit Association Testing
 - C. Group Activities Simulating Bias
 - D. Widespread Bias Training
-

2. A White physical therapist avoids treating a Black patient on their schedule who has higher medical needs than other patients. What is this an example of?

- A. Implicit Bias
 - B. Unconscious Bias
 - C. Explicit Bias
 - D. Avoidance
-

3. What is the greatest consequence of implicit bias in healthcare providers?

- A. Poor Patient Outcomes
 - B. Poor Diversity and Inclusion Measures
 - C. Poor Hospital Ratings
 - D. Explicit Biases within Healthcare Interactions
-

4. What is meant by a person who understands cultures and how they affect healthcare decisions?

- A. Cultural Awareness
 - B. Cultural Competence
 - C. Cultural Understanding
 - D. Bias Prevention
-

5. Which Implicit Association Test(s) may be useful for a physical therapist working in a bariatric unit in the South?

- A. Weight Bias Test
 - B. Skin-Tone Bias Test
 - C. Asian Bias Test
 - D. Both A & B
-

6. Which is the primary structure involved in implicit bias within the brain?

- A. Amygdala
 - B. Prefrontal Cortex
 - C. Occipital Lobe
 - D. Cerebellum
-

7. How should a physical therapist proceed to treat someone who is vocally against vaccinations for COVID-19?

- A. Tell the Patient to Leave the Facility
 - B. Agree with the Patient
 - C. Do Not Discuss Vaccinations as Long as the Patient Wears a Mask
 - D. Refuse to Treat this Patient
-

8. A PTA talks slowly to an elderly patient compared to a middle-aged patient. What is this an example of?

- A. Explicit Bias
 - B. Implicit Ageism
 - C. Hearing Impaired Speech
 - D. None of the Above
-

9. Which of the following populations faces the least amount of implicit bias within healthcare?

- A. Educated White Citizens
 - B. Educated Asian Citizens
 - C. Hearing Impaired Citizens
 - D. Obese Patients
-

10. Which of the following is a social determinant of health?

- A. Healthcare
 - B. Neighborhood
 - C. Community
 - D. All of the Above
-

Copyright © 2025 Flex Therapist CEUs

Visit us at <https://www.flextherapistceus.com>