

Flex Therapist CEUs

Implicit Bias in Physical Therapy

1. What crucial step should an organization take to combat implicit bias?

- A. Provider Discipline
- B. Retrospective Implicit Association Testing
- C. Group Activities Simulating Bias
- D. Widespread Bias Training

2. A White physical therapist avoids treating a Black patient on their schedule who has higher medical needs than other patients. What is this an example of?

- A. Implicit Bias
- B. Unconscious Bias
- C. Explicit Bias
- D. Avoidance

3. What is the greatest consequence of implicit bias in healthcare providers?

- A. Poor Patient Outcomes
- B. Poor Diversity and Inclusion Measures
- C. Poor Hospital Ratings
- D. Explicit Biases within Healthcare Interactions

4. What is meant by a person who understands cultures and how they affect healthcare decisions?

- A. Cultural Awareness
- B. Cultural Competence
- C. Cultural Understanding
- D. Bias Prevention

5. Which Implicit Association Test(s) may be useful for a physical therapist working in a bariatric unit in the South?

- A. Weight Bias Test
- B. Skin-Tone Bias Test
- C. Asian Bias Test
- D. Both A & B

6. Which is the primary structure involved in implicit bias within the brain?

- A. Amygdala
- B. Prefrontal Cortex
- C. Occipital Lobe
- D. Cerebellum

7. How should a physical therapist proceed to treat someone who is vocally against vaccinations for COVID-19?

- A. Tell the Patient to Leave the Facility
- B. Agree with the Patient
- C. Do Not Discuss Vaccinations as Long as the Patient Wears a Mask
- D. Refuse to Treat this Patient

8. A PTA talks slowly to an elderly patient compared to a middle-aged patient. What is this an example of?

- A. Explicit Bias
- B. Implicit Ageism
- C. Hearing Impaired Speech
- D. None of the Above

9. Which of the following populations faces the least amount of implicit bias within healthcare?

- A. Educated White Citizens
- B. Educated Asian Citizens
- C. Hearing Impaired Citizens
- D. Obese Patients

10. Which of the following is a social determinant of health?

- A. Healthcare
- B. Neighborhood
- C. Community
- D. All of the Above
