

# Flex Therapist CEUs

## Multiple Sclerosis and Pain Conditions

### Pain in Multiple Sclerosis: Prevalence and Characteristics of Various Pain Conditions

1. All of the above are much higher in MS patients than sex- and age-stratified groups from the general population, except for:

- A. Pain
  - B. Pain intensity
  - C. The need for analgetic treatment
  - D. Pain interference with activities of daily living
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2. Which treatment has probably not fundamentally influenced the overall prevalence of pain in MS?

- A. Interferon-beta
  - B. Glatiramer acetat
  - C. Antidepressants
  - D. All of the above
- 

3. This study found that pain in MS:

- A. Correlates with the age of the patient.
  - B. Is significantly more frequent in relapsing-remitting MS.
  - C. Is significantly higher in males than females.
  - D. All of the above are true with regard to pain in patients with MS.
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4. The results of this study show that the total number of pain locations in MS patients significantly increases with disease duration.

- A. True
  - B. False
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5. According to the literature, \_\_\_\_\_ is/are the most common location of unpleasant pain sensations in patients with MS.

- A. The lower extremities

- B. The upper extremities**
  - C. The trunk**
  - D. Half of the body**
- 

**6. The most common pain quality in this study was found to be a burning sensation.**

- A. True**
  - B. False**
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**7. In most MS patients, back pain and lumbar sciatic syndrome are directly related to the process of the disease.**

- A. True**
  - B. False**
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### **Central Pain in Patients with Multiple sclerosis**

**8. Central pain:**

- A. Is dependent on the etiology and always follows other symptoms of MS.**
  - B. Never occurs alone in MS.**
  - C. Frequently develops at an interval of weeks or months after the occurrence of the lesion.**
  - D. All of the above are true with regard to central pain in MS.**
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**9. According to this study, the prevalence of central pain increases with:**

- A. Patient age**
  - B. Disease duration**
  - C. Expanded Disability Status Scale score**
  - D. None of the above**
- 

**10. The age of onset of multiple sclerosis-associated trigeminal neuralgia in patients has been noted to be about \_\_\_\_\_ years younger than in patients without multiple sclerosis.**

- A. 12**
  - B. 10**
  - C. 8**
  - D. 6**
-

**11. Which of the following is the most common form of Lhermitte's sign?**

- A. An electric feeling passing down the back of the legs on flexing the neck.**
  - B. An electric feeling passing down the arms on flexing the neck.**
  - C. An electric feeling passing down the trunk on flexing the neck.**
  - D. An electric feeling simultaneously passing down the back of the legs, the arms, and the trunk on flexing the neck.**
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**12. The most important finding was that among the patients in this study with central pain, 89% were presented with three and more painful sites at the same time.**

- A. True**
  - B. False**
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