

# Flex Therapist CEUs

## Multiple Sclerosis and Pain Conditions

### **Pain in Multiple Sclerosis: Prevalence and Characteristics of Various Pain Conditions**

**1. All of the above are much higher in MS patients than sex- and age-stratified groups from the general population, except for:**

- A. Pain
  - B. Pain intensity
  - C. The need for analgetic treatment
  - D. Pain interference with activities of daily living
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**2. Which treatment has probably not fundamentally influenced the overall prevalence of pain in MS?**

- A. Interferon-beta
  - B. Glatiramer acetat
  - C. Antidepressants
  - D. All of the above
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**3. This study found that pain in MS:**

- A. Correlates with the age of the patient.
  - B. Is significantly more frequent in relapsing-remitting MS.
  - C. Is significantly higher in males than females.
  - D. All of the above are true with regard to pain in patients with MS.
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**4. The results of this study show that the total number of pain locations in MS patients significantly increases with disease duration.**

- A. True
  - B. False
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**5. According to the literature, \_\_\_\_\_ is/are the most common location of unpleasant pain sensations in patients with MS.**

- A. The lower extremities
- B. The upper extremities
- C. The trunk

D. Half of the body

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**6. The most common pain quality in this study was found to be a burning sensation.**

- A. True
  - B. False
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**7. In most MS patients, back pain and lumbar sciatic syndrome are directly related to the process of the disease.**

- A. True
  - B. False
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## **Central Pain in Patients with Multiple sclerosis**

**8. Central pain:**

- A. Is dependent on the etiology and always follows other symptoms of MS.
  - B. Never occurs alone in MS.
  - C. Frequently develops at an interval of weeks or months after the occurrence of the lesion.
  - D. All of the above are true with regard to central pain in MS.
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**9. According to this study, the prevalence of central pain increases with:**

- A. Patient age
  - B. Disease duration
  - C. Expanded Disability Status Scale score
  - D. None of the above
- 

**10. The age of onset of multiple sclerosis-associated trigeminal neuralgia in patients has been noted to be about \_\_\_\_\_ years younger than in patients without multiple sclerosis.**

- A. 12
  - B. 10
  - C. 8
  - D. 6
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**11. Which of the following is the most common form of Lhermitte's sign?**

- A. An electric feeling passing down the back of the legs on flexing the neck.
- B. An electric feeling passing down the arms on flexing the neck.
- C. An electric feeling passing down the trunk on flexing the neck.

D. An electric feeling simultaneously passing down the back of the legs, the arms, and the trunk on flexing the neck.

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**12. The most important finding was that among the patients in this study with central pain, 89% were presented with three and more painful sites at the same time.**

- A. True
  - B. False
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