

# Flex Therapist CEUs

## Shockwave Therapy

**1. What condition was EWST first used for?**

- A. Tendinopathy
  - B. Knee Osteoarthritis
  - C. Kidney Stones
  - D. Nonunion Fracture
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**2. What is a side effect of shockwave therapy?**

- A. Skin Irritation
  - B. Sharp Pain for Weeks
  - C. Persistent Numbness
  - D. Weakness
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**3. Which type of shockwave therapy treats deep pathologies?**

- A. Radial
  - B. Focused
  - C. Recurrent
  - D. Ultrasonic
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**4. How long does ESWT typically last for tendinopathy?**

- A. Four Months
  - B. One Month
  - C. Two Weeks
  - D. Two Months
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**5. By what time point will bone healing be noted after ESWT for nonunion fractures?**

- A. One year
  - B. Two Weeks
  - C. Three Months
  - D. Six Months
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**6. Which condition is ESWT most supported to treat?**

- A. Achilles Tendinopathy

- B. Knee Osteoarthritis
  - C. Plantar Fasciitis
  - D. Lateral Epicondylitis
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**7. Which insurance reimburses for ESWT for musculoskeletal indications?**

- A. Medicare
  - B. Blue Cross Blue Shield
  - C. Medicaid
  - D. None of These
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**8. What is recommended prior to using ESWT as a rehabilitation professional?**

- A. Continuing Education
  - B. Clinical Observation Only
  - C. Formal Certification
  - D. Nothing
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**9. How many shockwaves are typically delivered in one session for tendinopathy?**

- A. 6000
  - B. 2500
  - C. 1000
  - D. 8000
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**10. What should therapists educate their patients on after ESWT treatment?**

- A. Resume Normal Activities
  - B. Perform Resistive Exercise
  - C. Perform Stretches to the Area
  - D. Avoid Nonessential Use of the Treatment Area
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