

Flex Therapist CEUs

Shockwave Therapy

1. What condition was EWST first used for?

- A. Tendinopathy
 - B. Knee Osteoarthritis
 - C. Kidney Stones
 - D. Nonunion Fracture
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2. What is a side effect of shockwave therapy?

- A. Skin Irritation
 - B. Sharp Pain for Weeks
 - C. Persistent Numbness
 - D. Weakness
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3. Which type of shockwave therapy treats deep pathologies?

- A. Radial
 - B. Focused
 - C. Recurrent
 - D. Ultrasonic
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4. How long does ESWT typically last for tendinopathy?

- A. Four Months
 - B. One Month
 - C. Two Weeks
 - D. Two Months
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5. By what time point will bone healing be noted after ESWT for nonunion fractures?

- A. One year
 - B. Two Weeks
 - C. Three Months
 - D. Six Months
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6. Which condition is ESWT most supported to treat?

- A. Achilles Tendinopathy

- B. Knee Osteoarthritis
 - C. Plantar Fasciitis
 - D. Lateral Epicondylitis
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7. Which insurance reimburses for ESWT for musculoskeletal indications?

- A. Medicare
 - B. Blue Cross Blue Shield
 - C. Medicaid
 - D. None of These
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8. What is recommended prior to using ESWT as a rehabilitation professional?

- A. Continuing Education
 - B. Clinical Observation Only
 - C. Formal Certification
 - D. Nothing
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9. How many shockwaves are typically delivered in one session for tendinopathy?

- A. 6000
 - B. 2500
 - C. 1000
 - D. 8000
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10. What should therapists educate their patients on after ESWT treatment?

- A. Resume Normal Activities
 - B. Perform Resistive Exercise
 - C. Perform Stretches to the Area
 - D. Avoid Nonessential Use of the Treatment Area
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