

Flex Therapist CEUs

Shockwave Therapy

1. What condition was EWST first used for?

- A. Tendinopathy
- B. Knee Osteoarthritis
- C. Kidney Stones
- D. Nonunion Fracture

2. What is a side effect of shockwave therapy?

- A. Skin Irritation
- B. Sharp Pain for Weeks
- C. Persistent Numbness
- D. Weakness

3. Which type of shockwave therapy treats deep pathologies?

- A. Radial
- B. Focused
- C. Recurrent
- D. Ultrasonic

4. How long does ESWT typically last for tendinopathy?

- A. Four Months
- B. One Month
- C. Two Weeks
- D. Two Months

5. By what time point will bone healing be noted after ESWT for nonunion fractures?

- A. One year
- B. Two Weeks
- C. Three Months
- D. Six Months

6. Which condition is ESWT most supported to treat?

- A. Achilles Tendinopathy

- B. Knee Osteoarthritis
- C. Plantar Fasciitis
- D. Lateral Epicondylitis

7. Which insurance reimburses for ESWT for musculoskeletal indications?

- A. Medicare
- B. Blue Cross Blue Shield
- C. Medicaid
- D. None of These

8. What is recommended prior to using ESWT as a rehabilitation professional?

- A. Continuing Education
- B. Clinical Observation Only
- C. Formal Certification
- D. Nothing

9. How many shockwaves are typically delivered in one session for tendinopathy?

- A. 6000
- B. 2500
- C. 1000
- D. 8000

10. What should therapists educate their patients on after ESWT treatment?

- A. Resume Normal Activities
- B. Perform Resistive Exercise
- C. Perform Stretches to the Area
- D. Avoid Nonessential Use of the Treatment Area

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