

# Flex Therapist CEUs

## Telehealth Rehabilitation

1. What is the definition of Telehealth or Telemedicine?

- A. Telehealth is the use of electronic information and telecommunication technologies to remotely provide health care information and services.
  - B. Telehealth is the use of email and SMS text to remotely provide health care information and services.
  - C. Telehealth is only defined as discussing a patients case with another practitioner
  - D. Telehealth is the use of electronic information and telecommunication technologies to provide health care services in-person.
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2. What are the three models of Telehealth delivery?

- A. Telefacilitation, Asynchronous and Remote Patient Monitoring
  - B. Synchronous, Asynchronous and Remote Patient Monitoring
  - C. Synchronous, Asynchronous and Facilitated Virtual Visits
  - D. Simutaneous, Asynchronous and Facilitated Virtual Visits
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3. Which of the following is not an operational need for conducting a telehealth visit?

- A. EMR
  - B. Virtual video platfrom
  - C. Internet connection
  - D. Support staff
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4. When treating telehealth patients which of the following is a breach of HIPAA?

- A. Sharing the patient health information with another practitioner to direct patient care
  - B. Using a password protected personal computer
  - C. Using a shared office space where the patient can be easily seen on the computer screen
  - D. Sharing video links to the patient to explain a diagnosis
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5. Which of the following does not improve patient engagement?

- A. Active listening
  - B. Good video quality
  - C. Seeing friends and/or family members to build rapport during appointments
  - D. Providing HEP videos which instruct the patient how to perform corrective exercises
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**6. Which of the following virtual video platforms best limits risk of a HIPAA violation?**

- A. Facetime**
  - B. Zoom Health**
  - C. Google Hangouts**
  - D. Facebook**
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**7. A 75 year old patient calls your office for an initial evaluation with a diagnosis of a Left femur fracture. She is NWB and reports cardiovascular complications of HTN in addition to several falls in the past week. Is this patient eligible for a telehealth appointment?**

- A. No, due to her fall risk and cardiovascular history this patient is not eligible for telehealth**
  - B. Yes, this patient is eligible for telehealth services**
  - C. Maybe, it would be best to start with a free consultation to determine if she is eligible for telehealth services**
  - D. Yes, due to the primary injury being a MSD**
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**8. What new patient paperwork is legally required?**

- A. Physician referral**
  - B. Telehealth consent form**
  - C. Functional outcome measures**
  - D. Appointment procedures**
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**9. What legal considerations should be taken into account when maintaining patient privacy during telehealth appointments?**

- A. Clinician environment and location**
  - B. Whether the patient's device is password protected**
  - C. Patient environment and location during appointment**
  - D. Location of patient diagnosis**
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**10. Which of the following complies with licensure requirements?**

- A. PT and patient in the same state of clinician licensure**
  - B. PT in state of licensure, patient outside state of PT's licensure**
  - C. Both PT and patient outside state of licensure**
  - D. PT in state of licensure, patient outside country of PT's licensure**
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