

Flex Therapist CEUs

Telehealth Rehabilitation

1. What is the definition of Telehealth or Telemedicine?

- A. Telehealth is the use of electronic information and telecommunication technologies to remotely provide health care information and services.
 - B. Telehealth is the use of email and SMS text to remotely provide health care information and services.
 - C. Telehealth is only defined as discussing a patient's case with another practitioner
 - D. Telehealth is the use of electronic information and telecommunication technologies to provide health care services in-person.
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2. What are the three models of Telehealth delivery?

- A. Telefacilitation, Asynchronous and Remote Patient Monitoring
 - B. Synchronous, Asynchronous and Remote Patient Monitoring
 - C. Synchronous, Asynchronous and Facilitated Virtual Visits
 - D. Simultaneous, Asynchronous and Facilitated Virtual Visits
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3. Which of the following is not an operational need for conducting a telehealth visit?

- A. EMR (Electronic Medical Record) platform
 - B. Virtual video platform
 - C. Internet connection
 - D. Support staff
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4. When treating telehealth patients which of the following is a breach of HIPAA?

- A. Sharing the patient health information with another practitioner to direct patient care
 - B. Using a password protected personal computer
 - C. Using a shared office space where the patient can be easily seen and heard on the computer screen
 - D. Sharing video links to the patient to explain a diagnosis
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5. Which of the following does not improve patient engagement?

- A. Going into detail regarding treatments or tools that will be used in the rehabilitation process
 - B. Empathizing with the patient
 - C. Seeing friends and/or family members to build rapport during appointments
 - D. Refraining from any distractions
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6. When selecting a virtual platform for video conferencing with patients, what factors should be considered?

- A. The platform's color scheme and logo design
 - B. Ease of use, treatment needs such as exercise demonstration, and features like screen sharing or chat
 - C. The number of patients that can be added into a session at one time
 - D. Whether the platform offers social media integration
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7. A 75 year old patient calls your office for an initial evaluation with a diagnosis of a Left femur fracture. She is non-weight-bearing and reports cardiovascular complications of hypertension in addition to several falls in the past week. Is this patient eligible for a telehealth appointment?

- A. No, due to her fall risk and cardiovascular history this patient is not eligible for telehealth
 - B. Yes, this patient is eligible for telehealth services
 - C. Maybe, it would be best to start with a free consultation to determine if she is eligible for telehealth services
 - D. Yes, due to the primary injury being a MSD
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8. What new patient paperwork is legally required when beginning telehealth with a patient?

- A. Physician referral
 - B. Telehealth consent form
 - C. Functional outcome measures
 - D. Appointment procedures
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9. Before initiating telehealth services, what is an important step a healthcare provider should take to ensure they are protected from medical liability?

- A. Contact their malpractice insurance carrier or broker to confirm coverage for telehealth services
 - B. Assume existing malpractice insurance automatically covers telehealth sessions
 - C. Begin telehealth services and address liability coverage later if issues arise
 - D. Only review telehealth privacy policies, as malpractice insurance is not relevant
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10. Which of the following complies with licensure requirements?

- A. PT and patient in the same state of clinician licensure
 - B. PT in state of licensure, patient outside state of PT's licensure
 - C. Both PT and patient outside state of licensure
 - D. PT in state of licensure, patient outside country of PT's licensure
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