

# Flex Therapist CEUs

## Telehealth Rehabilitation

### 1. What is the definition of Telehealth or Telemedicine?

- A. Telehealth is the use of electronic information and telecommunication technologies to remotely provide health care information and services.
- B. Telehealth is the use of email and SMS text to remotely provide health care information and services.
- C. Telehealth is only defined as discussing a patients case with another practitioner
- D. Telehealth is the use of electronic information and telecommunication technologies to provide health care services in-person.

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### 2. What are the three models of Telehealth delivery?

- A. Telefacilitation, Asynchronous and Remote Patient Monitoring
- B. Synchronous, Asynchronous and Remote Patient Monitoring
- C. Synchronous, Asynchronous and Facilitated Virtual Visits
- D. Simutaneous, Asynchronous and Facilitated Virtual Visits

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### 3. Which of the following is not an operational need for conducting a telehealth visit?

- A. EMR (Electronic Medical Record) platform
- B. Virtual video platfrom
- C. Internet connection
- D. Support staff

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### 4. When treating telehealth patients which of the following is a breach of HIPAA?

- A. Sharing the patient health information with another practitioner to direct patient care
- B. Using a password protected personal computer
- C. Using a shared office space where the patient can be easily seen and heard on the computer screen
- D. Sharing video links to the patient to explain a diagnosis

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### 5. Which of the following does not improve patient engagement?

- A. Going into detail regarding treatments or tools that will be used in the rehabilita)on process
- B. Empathizing with the patient
- C. Seeing friends and/or family members to build rapport during appointments
- D. Refraining from any distractions

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**6. When selecting a virtual platform for video conferencing with patients, what factors should be considered?**

- A. The platform's color scheme and logo design
- B. Ease of use, treatment needs such as exercise demonstration, and features like screen sharing or chat
- C. The number of patients that can be added into a session at one time
- D. Whether the platform offers social media integration

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**7. A 75 year old patient calls your office for an initial evaluation with a diagnosis of a Left femur fracture. She is non-weight-bearing and reports cardiovascular complications of hypertension in addition to several falls in the past week. Is this patient eligible for a telehealth appointment?**

- A. No, due to her fall risk and cardiovascular history this patient is not eligible for telehealth
- B. Yes, this patient is eligible for telehealth services
- C. Maybe, it would be best to start with a free consultation to determine if she is eligible for telehealth services
- D. Yes, due to the primary injury being a MSD

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**8. What new patient paperwork is legally required when beginning telehealth with a patient?**

- A. Physician referral
- B. Telehealth consent form
- C. Functional outcome measures
- D. Appointment procedures

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**9. Before initiating telehealth services, what is an important step a healthcare provider should take to ensure they are protected from medical liability?**

- A. Contact their malpractice insurance carrier or broker to confirm coverage for telehealth services
- B. Assume existing malpractice insurance automatically covers telehealth sessions
- C. Begin telehealth services and address liability coverage later if issues arise
- D. Only review telehealth privacy policies, as malpractice insurance is not relevant

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**10. Which of the following complies with licensure requirements?**

- A. PT and patient in the same state of clinician licensure
- B. PT in state of licensure, patient outside state of PT's licensure
- C. Both PT and patient outside state of licensure
- D. PT in state of licensure, patient outside country of PT's licensure

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