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### References:

#### **Rotator Cuff Tendinopathy and Upper Trapezius Effects**

##### Reading Materials Reference:

Leong HT, Hug F, Fu SN (2016) Increased Upper Trapezius Muscle Stiffness in Overhead Athletes with Rotator Cuff Tendinopathy. PLoS ONE 11(5): e0155187. doi:10.1371/journal.pone.0155187

##### Additional References:

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